



THE GRIEF JOURNEY RETREAT

Friday - Sunday
June 14 - 16, 2019

Presenter: Anna Racine

Cost: \$250.00 per person

Whether you are currently grieving, or have experienced a loss some time ago and have not had the opportunity to grieve, this retreat will provide insight, hope and support as you journey through the painful times of grief and loss in your life.

The Grief Journey is for those who have experienced loss through death, separation/divorce, loss of a relationship or who are going through a life transition.

This Retreat provides a safe place to examine your loss and explore how to navigate through the grief. You will be guided with tools that enable you to move forward with the healing process.

For Information and to register
call 905-356-4113 x 4200

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